



## Introduction

Londonwide LMCs Patient Engagement Project aims to demonstrate and promote patient engagement as integral to high quality, sustainable general practice and offer practical support to practices to foster and develop their Patient Participation Groups (PPGs). For more information please contact [patientengage@lmc.org.uk](mailto:patientengage@lmc.org.uk).

This is a brief resource list signposting some information and organisations which can help support practices and PPGs in their work together.

## Resource and signposting list

### PPG development toolkits, templates and information include:

- National Association for Patient Participation <http://www.napp.org.uk> Website includes access to a free downloadable copy of "Building Better Participation" a guide commissioned by NHS England for practices and PPGs which aims to help PPGs work effectively. The guide includes sections on "Getting PPGs in Place" and "Influencing Beyond the Practice".
- The Patients Association <http://www.patients-association.org.uk> has a PPG information and support pack, a toolkit to help set up and run Patient Participation Groups, available free of charge on request from [abdullah@patients-association.com](mailto:abdullah@patients-association.com).

### Guidance and templates on developing virtual PPGs

- National Association for Patient Participation, see <http://www.napp.org.uk/virtualppgs.html> for a getting started guide to developing a virtual PPG, including templates, and case studies.
- Brighton and Hove CCG "How to develop and support an online Participation Group" A handbook for GP practice staff to help develop their patient participation work. Practical "how to" information, including templates. Download here: <http://www.socialsubcultural.com/smmmap/wp-content/uploads/2015/01/Virtual-PPG-Toolkit-FINAL.doc>.  
*NB the local contacts and organisations referenced in the handbook apply to Brighton and Hove only.*

### Londonwide Local Medical Committees (Londonwide LMCs) information and support includes:

- Local Medical Committees Find your Local Medical Committee (LMC) via the website home page <http://www.lmc.org.uk>.
- GP State of Emergency (GPSoE). For GPSoE resources for practices please visit <http://www.gpsoe.org.uk>.
- Londonwide LMCs Patient Engagement Project For information about what the project can offer please mail [patientengage@lmc.org.uk](mailto:patientengage@lmc.org.uk).



### Identifying other local contacts that could help support your PPG work and development

- Clinical Commissioning Groups (CCGs) <http://www.officelondonccgs.org.uk> for local CCG contacts. Your local CCG should be able to tell you whether they fund/know of a local PPG support project and what it can offer; and whether there is a local PPG network for PPG members to share learning and information.
- Healthwatch is the “consumer champion for health and social care” <http://www.healthwatch.co.uk> There is a local Healthwatch network in London, approach your local Healthwatch to explore how you might work together e.g. identify and work towards common goals <http://www.healthwatch.co.uk/find-local-healthwatch>.
- Carers Trust <http://www.carers.org> could help you involve local carers in your PPG. Carers Trust mission is: “to identify, support and involve the UK’s unpaid carers through the provision of action, help and advice.” Carers Trust has 24 network partners (independent carers’ centres) across London. For more information on support for the inclusion of carers in PPGs and on opportunities to work with your local carers centre to identify common goals please contact Moira Wilkinson [mwilkinson@carers.org](mailto:mwilkinson@carers.org).
- For information about local voluntary and community groups of, or working with, particular sections of your community contact your local (borough) Council for Voluntary Sector (CVS) NB not all boroughs have a CVS; look at the website of London Voluntary Service Council <http://www.lsvc.org.uk> which includes information on health related work across the capital; visit your Local Authority website; consult your PPG members and practice team.
- Find out who your local councillors are and how to contact them: <http://www.gov.uk/find-your-local-councillors>.
- Find out who your local MP is and how to contact your MP <http://www.parliament.uk/mps-lords-and-offices/mps>.

**To receive an email containing all of these links for easy reference and access, please visit:**

**<http://pep.yourlmc.org.uk>**