

# Tower Hamlets LMC News Update – July 2019

**Chair: Dr Jackie Applebee    Vice Chair: Dr Naureen Bhatti**

Hi everyone

We know that your inboxes can be overwhelming, so we have tried to keep this short and informative and hope that you take time to read it!

## 1. Locality Reps

<b>South-east Locality reps:</b>	Naureen Bhatti/Emma Radcliffe
<b>North-east Locality reps:</b>	Nirupam Talukder/Selvaseelan Selvarajah/Archana Spahn
<b>VTS Rep:</b>	Gemma Eyres
<b>North-west reps:</b>	Sabir Zaman/Jaya Aiyengar
<b>South-west reps:</b>	Beverley Fernando/Natalie Symes/Naomi Beer

We hope that you will feel free to contact us if you are having any problems, we will always do our best to help and if we can't we will point you at someone who can. Contact details are on the right of this page.

## 2. Barking Riverside Integrated Care Provider

We have written to Jane Milligan, Accountable Officer for the STP to express our concern about the proposal for an ICP contract at the new development in Barking Riverside. Whilst this is not in Tower Hamlets this could just as easily happen here and the LMC believes that these contracts could be taken over by private health care providers and emulate US style HMOs, undermining traditional General Practice. The BMA agrees with us.

<https://www.bma.org.uk/collective-voice/policy-and-research/nhs-structure-and-delivery/nhs-structures-and-integration/integrated-care-providers-icps>

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## Tower Hamlets LMC members

Dr Jackie Applebee (Chair)  
 Dr Naomi Beer  
 Dr Naureen Bhatti (Vice Chair)  
 Dr Gemma Eyres  
 Dr Archana Spahn  
 Dr Emma Radcliffe  
 Dr Selvaseelan Selvarajah  
 Dr Archana Spahn  
 Dr Natalie Symes  
 Dr Nirupam Talukder  
 Dr Sabir Zaman  
 Dr Jayalakshmi Aiyengar  
 Dr Alex Bunn  
 Beverly Fernando, Practice Manager

To get in touch with your representative or to raise any matters with the LMC contact Wendy Walker ([wendy.walker@lmc.org.uk](mailto:wendy.walker@lmc.org.uk)) or telephone 020 3818 6262.

## GP Support

The GP Support Team are here to provide advice and support to any practice or individual GP.

To raise any confidential matters regarding your practice contact [GPSupport@lmc.org.uk](mailto:GPSupport@lmc.org.uk) or visit their page on our [website](#) for further contact details.

### 3. Over the Counter Medication

We are aware that GPs are coming under pressure not to prescribe medication that is available over the counter. Whilst the LMC understand that the NHS budget is under considerable pressure due to the unprecedented financial squeeze imposed since 2010, we do not believe that it is the job of the GP to ration care. Patients may rely on regular medication that is available over the counter and be unable to afford it. The BMA is clear that:

- Prescribers should:
- Continue to make the care of the patient first concern
- Advise patients if that treatment for their condition is available over the counter
- Provide an FP10 if, in the opinion of the GP, not to do so may put the patient at risk of not having necessary treatment.

Further information about prescribing is available in our updated guidance on [prescribing in general practice](#).

### 4. Procedures of Limited Clinical Value

The LMC have expressed concern with regard to the consultation that is currently taking place with respect to “Procedures of Limited Clinical Value”/Aligning Commissioning Policies:

<http://www.towerhamletsccg.nhs.uk/oncefornelondon>

As with over the counter medicines, we believe that it is the job of the GP to make a clinical decision in partnership with a patient. Page 7 of the link states that the proposal is for new policies for cataract surgery, hip and knee replacement, amongst others. The LMC do not believe that a procedure is always in the best interests of the patient, but as clinicians we reserve the right to make that decision with our patients. Delaying cataract surgery for example, is not cost effective because people fall while waiting, incurring much greater cost to themselves and the NHS. Similarly, hip and knee replacement, it is well known that level of pain does not correlate well with X-ray changes.

“Aligning” policies suggests requiring us to adhere to criteria before referring. We are opposed to this and believe that we are professionals who should make a shared decision with our patients regarding when to refer then it is up to the secondary care clinician, also in partnership with the patient to advise whether a procedure would be helpful.

### LEAD Events

Londonwide Enterprise Ltd (LEL) was set up to provide affordable, high quality training and educational events for practice teams.

The Learning Education and Development (LEAD) team is always keen to hear what training is really needed on the ground – get in touch with any ideas by emailing [lead@lmc.org.uk](mailto:lead@lmc.org.uk)

#### Upcoming Events:

*Travel Health Update for Nurses*  
1:30 - 4:30pm Wednesday 10 July 2019

#### England LMC Conference – Friday 22 November 2019

LMCs will be discussing motions for conference at their upcoming meetings. Please feel free to get in touch with your rep with any ideas you would like to propose.

## 5. Primary Care Networks

Londonwide LMCs have written a number of excellent keep it short and simple guides which can be accessed here:

- [Keep it Simple guide - Social prescribing link workers](#)
- [Keep it Simple guide - PCN finances](#)
- [Keep it Simple guide - Submission of the PCN registration form](#)
- [Keep it Simple guide - PCN clinical director role and responsibilities](#)
- [Keep it Simple guide - PCN DEC Timeline 2019-2020](#)

These are times of change, Tower Hamlets have always worked together and valued our collective ethos, which is unique. We need to preserve this now more than ever. Please speak up if there is something which concerns you and we want to hear from you and we know that the CCG and GP Care Group do too!

## 6. PCN Configuration

The Primary Care Networks in Tower Hamlets are:

<b>PCN Name</b>	<b>Practice Membership</b>
<b>The One Network Alliance Limited</b>	Bethnal Green Health Centre The Globe Town Surgery The Mission Practice Pollards Row Practice Strouts Place Medical Centre
<b>East End Health Network PCN</b>	Albion Health Centre Blithedale Medical Centre Health E1 Homeless Medical Centre The Spitalfields Practice
<b>Stepney Whitechapel PCN</b>	Brayford Surgery City Wellbeing Practice Harford Health Centre Whitechapel Health Centre
<b>Bow Health Network</b>	Grove Road Surgery Harley Grove Medical Centre Ruston Street Clinic St Stephens Health Centre The Tredegar Practice
<b>Mile End East and Bromley by Bow</b>	Bromley by Bow Health Centre and XX Place Health Centre Merchant Street Practice St Andrews Health Centre St Pauls Way Medical Centre Stroudley Walk Health Centre
<b>Healthy Island Partnership CIC</b>	Island Health Medical Centre The Barkantine Practice Docklands Medical Centre Island Medical Centre

<b>PCN Name</b>	<b>Practice Membership</b>
<b>Poplar and Limehouse Health and Wellbeing Network CIC</b>	Aberfeldy Practice Chrisp Street Gough Walk Practice Limehouse Practice

## 7. Clinical Directors

The clinical directors in each PCN are:

<b>PCN Name</b>	<b>Clinical Director(s)</b>
The One Network Alliance Limited	Dr Kamaldeep Tamber
East End Health Network PCN	Penny Louch
Stepney Whitechapel PCN	Dr Benjamin Dougall
Bow Health Network	Dr Isabel Hodgkinson
Mile End East and Bromley by Bow	Dr Sangeeta Rana-Masson
Healthy Island Partnership CIC	Dr Ben Shankland
Poplar and Limehouse Health and Wellbeing Network CIC	Dr Osman Ali

## 8. Transfer of Services from ACE in Clacton to PCSE

### Contacting PCSE for your primary care support services

As part of Primary Care Support England's (PCSE) commitment to providing national, consistent services for primary care, services delivered by ACE in Clacton have transferred to PCSE.

ACE provided support for GP Payments and Pensions for the following areas in London:

Redbridge & Waltham Forrest
East London & City

The GP Pensions service has moved to the Blackburn office. The GP Payments service for practices in your area have also moved to Blackburn.

The way the work is processed has not change and there was no interruption to the service to customers. All contact with the ACE office should be directed to PCSE's Customer Support Centre and via the online forms on the PCSE website.

All affected GP practices should have been contacted and advised of the update.

All contact with PCSE for queries or requests relating to [GP Payments](#), [GP Pensions](#) or [Cervical Screening](#) should be via the online forms that are available on the '[Contact Us](#)' page of the PCSE website.

The online form also has a section specifically for LMCs.

- Visit the '[Contact us](#)' page
- Select either 'GP Payments' or 'GP Pensions' as the enquiry type
- Enter your details and select 'Yes' when you are asked if you represent an LMC.

Please include as much information as possible to allow PCSE to easily identify, investigate and resolve the enquiry as quickly as possible.

You can also contact PCSE's Customer Support Centre (CSC) on **0333 014 2884**. The opening hours for the CSC are 08.00-17.00, Monday-Friday.

Online form and telephone contacts are each allocated a case reference number, so we can track and keep you updated on the progress of your query and you can follow-up if required.

Any postal correspondence should be sent to our secure storage and distribution centre at:

**Primary Care Support England, PO Box 350, Darlington, DL1 9QN**

Please do not fax or post any correspondence to the Clacton office

### **Contact us**

Tower Hamlets Local Medical Committee, Londonwide LMCs, Tavistock House, Tavistock Square, LONDON WC1H, 9HX. [www.lmc.org.uk](http://www.lmc.org.uk)

The next LMC meeting takes place on Tuesday 9 July 2019.

### **Tower Hamlets LMC Team**

Dr Jackie Applebee – Tower Hamlets LMC, Chair  
Dr Naureen Bhatti – Tower Hamlets LMC, Vice Chair  
[Dr Elliott Singer](#) - Medical Director  
[Greg Cairns](#) - Director of Primary Care Strategy  
[Wendy Walker](#) - Committee Liaison Executive

### **Dates of Future 2019**

#### **Meetings:**

Tuesday 10 September 2019  
Tuesday 12 November 2019

*Disclaimer: This publication is written for healthcare professionals in Tower Hamlets and information may not be appropriate for use elsewhere. Editorial comments do not necessarily represent the views of the LMC.*