

Waltham Forest LMC News Update – August 2019

Chair: Prof Gabriel Ivbijaro, MBE - Vice Chair: Dr Michal Grenville

Hi everyone

First of all, thank you very much for your collaboration and support. We have worked together on many issues, some very contentious for example assisting practices in forming PCNs, ensuring the PMS premium monies are reinvested in deliverable GP KPIs, supporting GPs through the recent and ongoing CCG constitutional changes and assisting individual GPs and practices who are having either regulatory or performance concerns to mention but a few. Despite all this, together we have managed to keep the GP boat afloat – we are grateful for all your contributions. Please remember the LMC is your LMC.

We hope that you will feel free to contact us if you are having any problems, we will always do our best to help and if we can't we will point you at someone who can. Contact details are on the right of this page.

1. Over the Counter Medication

We are aware that GPs are coming under pressure not to prescribe medication that is available over the counter. Whilst the LMC understand that the NHS budget is under considerable pressure due to the unprecedented financial squeeze imposed since 2010, we do not believe that it is the job of the GP to ration care. Patients may rely on regular medication that is available over the counter and be unable to afford it. The BMA is clear that:

Prescribers should:

- Continue to make the care of the patient first concern
- Advise patients if that treatment for their condition is available over the counter
- Provide an FP10 if, in the opinion of the GP, not to do so may put the patient at risk of not having necessary treatment.
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Further information about prescribing is available in our updated guidance on [prescribing in general practice](#).

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Waltham Forest LMC members

Prof Gabriel Ivbijaro, MBE (Chair)
Dr Michal Grenville (Vice Chair)
Dr Adam Borowski
Dr Nausheen Hameed
Dr Dinesh Kapoor
Dr Sanjoy Kumar, MBE
Dr Dapinder Rattan
Dr Abdul Sheikh
Vacant, Practice Manager

To get in touch with your representative or to raise any matters with the LMC contact Wendy Walker (wendy.walker@lmc.org.uk) or telephone 020 3818 6262.

GP Support

The GP Support Team are here to provide advice and support to any practice or individual GP.

To raise any confidential matters regarding your practice contact GPSupport@lmc.org.uk or visit their page on our [website](#) for further contact details.

2. Primary Care Networks

Londonwide LMCs have written a number of excellent keep it short and simple guides which can be accessed here:

- [Keep it Simple guide - Social prescribing link workers](#)
- [Keep it Simple guide - PCN finances](#)
- [Keep it Simple guide - Submission of the PCN registration form](#)
- [Keep it Simple guide - PCN clinical director role and responsibilities](#)
- [Keep it Simple guide - PCN DEC Timeline 2019-2020](#)

These are times of change so please speak up if there is something which concerns you and we want to hear from you and we know that the CCG and FedNet do too!

3. PCN Configuration

The Primary Care Networks in Waltham Forest are:

PCN Name	Practice Membership
Waltham Forest West	Higham Hill MC St James Queens Road The Grove Seymour
Central Walthamstow	The Firs Claremont Walthamstow C&FHS Addison Road Dhital
South Leytonstone	Agarwal Green Man Harrow Road High Road Kiyani Sharma
Forest Integrated Health	Lime Tree Crawley Road Lyndhurst Hampton Ecclesborne Francis Allum
Leyton Collaborative	Leyton Healthcare Manor Road Practice Orient Practice SMA Practice

LEAD Events

Londonwide Enterprise Ltd (LEL) was set up to provide affordable, high quality training and educational events for practice teams.

The Learning Education and Development (LEAD) team is always keen to hear what training is really needed on the ground – get in touch with any ideas by emailing lead@lmc.org.uk

Upcoming Events:

*Travel Health Update for practice nurses
12:30pm -5:00pm – Thursday 7 November*

England LMC Conference – Friday 22 November 2019

LMCs will be discussing motions for conference at their upcoming meetings. Please feel free to get in touch with your rep with any ideas you would like to propose.

PCN Name

Practice Membership

Forest 8

Sinnott Road
Penrhyn
Shantir
Forest Surgery
Bailey Practice
Microfaculty
Kings Head
Larkshall

Chingford E4

Chingford MP
Churchill
Handsworth
Old Church
Ridgeway

4. Clinical Directors

The clinical directors in each PCN are:

PCN Name

Clinical Director(s)

Walthamstow West	Dr N Khan-Lodhi
Central Walthamstow	Dr Rishav Dhital
South Leytonstone	Dr John Samuel
Forest Integrated Health	Dr Rameet Oberoi
Leyton Collaborative	Dr Dinesh Kapoor
Chingford Walthamstow	Dr Sanjoy Kumar / Dr Kayode
	Oremakinde
Chingford E4	Dr Asad Ashraf

5. Transfer of Services from ACE in Clacton to PSCE

Contacting PCSE for your primary care support services

As part of Primary Care Support England's (PCSE) commitment to providing national, consistent services for primary care, we are planning to transfer services currently delivered by ACE in Clacton to PCSE, from March 2019.

ACE currently provide support for GP Payments and Pensions for the following areas in London:

Redbridge & Waltham Forrest

East London & City

The plan is to move the GP Pensions service to our Blackburn office from 1 March. The GP Payments service for practices in your area will also move to Blackburn and transfer on 1st March.

The way the work is processed will not change and there will not be any interruption to the service our customers receive. However, we are writing to remind you that **all** contact with the ACE office should be directed to PCSE's Customer Support Centre and via the online forms on the PCSE website.

We will also be writing to all affected GP Practices to advise them of this update.

All contact with PCSE for queries or requests relating to [GP Payments](#), [GP Pensions](#) or [Cervical Screening](#) should be via the online forms that are available on the '[Contact Us](#)' page of the PCSE website.

The online form also has a section specifically for LMCs.

- Visit the '[Contact us](#)' page
- Select either 'GP Payments' or 'GP Pensions' as the enquiry type
- Enter your details and select 'Yes' when you are asked if you represent an LMC.

Please include as much information as possible to allow PCSE to easily identify, investigate and resolve the enquiry as quickly as possible.

You can also contact PCSE's Customer Support Centre (CSC) on **0333 014 2884**. The opening hours for the CSC are 08.00-17.00, Monday-Friday.

Online form and telephone contacts are each allocated a case reference number, so we can track and keep you updated on the progress of your query and you can follow-up if required.

As these contact arrangements have already been in place for a year, since February 2018, practices should not need to do anything differently.

Any postal correspondence should be sent to our secure storage and distribution centre at:

Primary Care Support England, PO Box 350, Darlington, DL1 9QN

Please do not fax or post any correspondence to the Clacton office

Contact us

Waltham Forest Local Medical Committee, Londonwide LMCs, Tavistock House, Tavistock Square, LONDON WC1H, 9HX. www.lmc.org.uk

The next LMC meeting takes place on Thursday 8 August 2019.

Waltham Forest LMC Team

Prof Gabriel Ivbijaro MBE, Waltham Forest LMC, Chair

Dr Michal Grenville, Waltham Forest LMC, Vice Chair

[Dr Elliott Singer](#) - Medical Director

[Greg Cairns](#) - Director of Primary Care Strategy

[Dami Akanbi](#) – Assistant Director, Primary Care Strategy

[Wendy Walker](#) - Committee Liaison Executive

Dates of Future 2019

Meetings:

Thursday 12 September 2019

Thursday 14 November 2019

Disclaimer: This publication is written for healthcare professionals in Waltham Forest and information may not be appropriate for use elsewhere. Editorial comments do not necessarily represent the views of the LMC.