**Want an easier way to manage your health without having to call the GP? Join the FOUR million Londoners who are accessing NHS services in minutes**

NHS London has launched a campaign to encourage more Londoners to download and use the NHS App, which has been updated to make it easier for people to access their information and services.

Around four million Londoners used the NHS App in February alone, a 20% increase on December 2023, though many are still not registered and are missing the opportunity to quickly access a range of healthcare services.

In the same time it takes to make a cup of tea the NHS App allows users to:

* request repeat prescriptions
* choose your usual pharmacy or collect from any pharmacy in England
* view GP-held medical records, including medication, test results and immunisations
* check if you need urgent medical help using 111 online
* find NHS services near you, such as dentists, pharmacies or mental health services
* access NHS services on behalf of somebody else (for example, your children or other family members)
* register for organ donation and change your donation preferences.

Depending on what has been enabled by your local area, you may also be able to:

* request and cancel appointments at your GP surgery
* check the details of future GP and hospital referrals and appointments
* receive notifications from your GP surgery, such as appointment reminders and other messages relating to your care
* contact your GP surgery via an online form.

On average, 200,000 repeat prescriptions and 180,000 appointments are requested every month in London through the NHS App and even more patients could benefit from these time-savings by signing up to the NHS App today.

Emily Ridley-Fink, a GP in South London said:

*‘Whether you’re at home or on the go, you can order repeat prescriptions, access your own medical records, manage your appointments and check your symptoms on the NHS App, from your phone, tablet, computer or laptop at a time that suits you. Four million Londoners have already downloaded it and we’re urging* those who have not already downloaded the NHS App to find out for themselves *how quick and easy it is to manage your healthcare. It has never been easier, quicker or more convenient to access healthcare services’.*

To download the NHS App, visit your mobile device’s app store and follow the easy step-by-step registration instructions. It will help if you know your [NHS number](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.nhs.uk%2Fnhs-services%2Fonline-services%2Ffind-nhs-number%2F&data=05%7C02%7Ctara.bush2%40nhs.net%7C79799e014a6749169bbb08dc321dd80f%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638440350951177674%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=dpXcR6MR2ajiIwKaP7cQdkiCy2qu3hp8pjhkg2AhT18%3D&reserved=0) (though this isn’t essential), and you will need to have a form of ID (passport or driving licence) to hand.

To learn more, visit [www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/](https://gbr01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.nhs.uk%2Fusing-the-nhs%2Fnhs-services%2Fthe-nhs-app%2F&data=05%7C02%7Ctara.bush2%40nhs.net%7C79799e014a6749169bbb08dc321dd80f%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638440350951187940%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=SuCAli2vIGK9HrptHuiCKOOuHvg4DwnGeKY%2BRnPFgYw%3D&reserved=0)

**Ends**