



Londonwide LMCs

The professional voice of London general practice

Sent by email: admin@genderplushormoneclinic.com

Paul Carruthers
Registered Manager
Gender Plus Healthcare Limited

21 August 2025

Dear Paul

A GP in Sutton has received a request from your clinic to prescribe Decaptyl and Transdermal oestrogen gel on 24 June 2025. The request has come from a specialist nurse who is a non-medical prescriber. The request (see attached) was shared with the Chair of Sutton LMC who flagged it to Londonwide Local Medical Committees (LLMCs).

The GP has refused this request.

Please can you clarify why you have requested a GP to prescribe Puberty Suppressing Hormones when they are not routinely prescribed for 18 year olds, especially given the current advice; [Ban on puberty blockers to be made indefinite on experts' advice - GOV.UK?](#)

If there is exceptional justification then as a prescriber your clinic should be providing the prescription, this is the advice the LLMCs is giving to all GP practices.

I look forward to hearing from you.

Best wishes

Asiya

Dr Asiya Yunus
Medical Director
Londonwide LMCs

The professional voice of general practice in Sutton

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