



Sent by email: [admin@genderplushormoneclinic.com](mailto:admin@genderplushormoneclinic.com)

Paul Carruthers  
Registered Manager  
Gender Plus Healthcare Limited

21 August 2025

Dear Paul

A GP in Sutton has received a request from your clinic to prescribe Decaptyl and Transdermal oestrogen gel on 24 June 2025. The request has come from a specialist nurse who is a non-medical prescriber. The request (see attached) was shared with the Chair of Sutton LMC who flagged it to Londonwide Local Medical Committees (LLMCs).

The GP has refused this request.

Please can you clarify why you have requested a GP to prescribe Puberty Suppressing Hormones when they are not routinely prescribed for 18 year olds, especially given the current advice; [Ban on puberty blockers to be made indefinite on experts' advice - GOV.UK](#)?

If there is exceptional justification then as a prescriber your clinic should be providing the prescription, this is the advice the LLMCs is giving to all GP practices.

I look forward to hearing from you.

Best wishes

*Asiya*

**Dr Asiya Yunus**  
**Medical Director**  
**Londonwide LMCs**

**The professional voice of general practice in Sutton**

Registered and office address: Tavistock House South, Tavistock Square, London WC1H 9LG.  
T. 020 7387 2034 E. [info@lmc.org.uk](mailto:info@lmc.org.uk) [www.lmc.org.uk](http://www.lmc.org.uk)

Registered in England No. 6391298.

Londonwide Local Medical Committees Limited is registered as a Company Limited by Guarantee  
Chief Executive: Dr Lisa Harrod-Rothwell